

Privacy Policy

Trust matters — particularly when people are reaching out for support.

This policy explains what information is collected through the Beyond Linear website, why it is collected, and how it is handled.

The aim is to keep this clear, straightforward and free from unnecessary jargon.

Who I Am

Beyond Linear provides ADHD coaching and support for adults.

If you contact Beyond Linear through the website, the information you share is only used to:

- respond to your enquiry
- arrange coaching calls or sessions
- manage communication connected to coaching support

Your information is never sold to third parties.

Information You Choose to Share

When you contact Beyond Linear through the website, the information you provide is collected so your enquiry can be responded to appropriately.

This may include:

- your name
- email address
- phone number
- information included in contact forms or messages

Website forms are not designed for sharing detailed medical or highly sensitive personal information, so it's best to keep initial enquiries fairly general.

Website Usage Information

Basic technical information is collected automatically when you use the website.

This can include:

- browser type
- device type
- pages visited
- time spent on the website

This information helps improve the website experience and understand which parts of the site are most useful to visitors.

Where possible, this information is anonymous.

Cookies & Analytics

The website uses basic cookies and analytics tools to:

- support website functionality
- understand website usage
- improve performance and user experience

You can control or disable cookies through your browser settings if you prefer.

How Information Is Used

Your information is only used in ways connected to:

- responding to enquiries
- arranging coaching support
- communicating with clients
- improving the website experience

Beyond Linear does not use your information for spam, unrelated advertising or aggressive marketing.

How Information Is Stored

Reasonable steps are taken to keep information secure and protected.

However, no website or online platform can guarantee complete security, so it's best not to send highly sensitive information through website forms or email where possible.

Third-Party Services

Trusted third-party providers are used to support parts of the website and business operations.

This includes services related to:

- website hosting
- forms
- scheduling
- analytics
- email communication

These providers only process information where necessary to provide their services.

Your Rights

You can request to:

- access the information held about you
- correct inaccurate information
- request deletion of your information where appropriate

If you would like to make a request, please get in touch through the website contact page.

External Links

The website may include links to other websites.

Beyond Linear is not responsible for the privacy practices or content of external sites.

Changes to This Policy

This policy may occasionally be updated to reflect changes to the website, services or legal requirements.

The latest version will always appear on this page.

Contact

If you have questions about this policy or how your information is handled, please get in touch through the website contact page.

Last updated: May 2026